

## WORDS FOR MOVEMENT

### Descriptive Words (Adjectives)

big	sinuous	frail	long
small	flowing	diagonal	short
low	still	lopsided	soft
medium	jittery	stiff	sharp
high	forceful	erect	lyrical
fast	weak	circular	gentle
slow	outstretched	heavy	percussive
jerky	rigid	light	gliding
smooth	wild	narrow	staccato
direct	precise	wide	

### Action Words (Verbs)

march	shuffle	spin	jerk
step	swing	turn	rise
leap	squeeze	push	pulse
sink	embrace	surround	prance
hurry	snatch	spiral	gallop
glide	tap	shiver	roll
lean	touch	throw	circle
shake	dive	freeze	punch
clasp	nod	jump	slap
swim	dip	skip	hit
flip	grab	hop	pound
drag	retreat	clench	pluck
flap	extend	close	wring
wiggle	cradle	open	inhale
stride	skitter	beckon	blow
tiptoe	slide	wave	point
bounce	twist	jiggle	flex
recline	balance	fling	repeat
sit	gripe	squat	float
stare	elongate	pantomime	revolve
mug	shield	gesture	press
imitate	hide	applaud	alternate
shudder	change	fall	tuck
go	pose	bend	vibrate
stop	stumble	stretch	grab
hesitate	trip	fold	droop
seize	kick	fly	flutter
curve	drop	pat	
strut	lift	stab	
careen	pull	<del>shake</del>	

### Relation Words (Prepositions)

over	on	up	toward
under	in	down	away
above	out	before	near
below	behind	after	far